



# Soccer Roots

## COVID-19 Protocols

### Soccer Roots Staff and Camp Coach Protocol

- Prioritize the health and safety of the participants
- Administer temperature check and health screen survey upon camper arrival
- Provide adequate spacing for social distancing



- Inquire how the athletes are feeling. Send home anyone you believe acts or look ill
- Ensure coach is the only person to handle equipment
- Always wear a face mask or covering when not actively coaching
- Mask must remain on your person at all times
- Coaches should maintain social distance requirements
- Have fun and stay positive—players and parents are looking to you for leadership
- Sanitize your equipment

## Camper Parent/Guardian Responsibilities

- Ensure your child is healthy and check your child's temperature daily before activities with others. Players with a temperature of 100.4 and above will not be permitted to attend
- Camps this summer are for Vermont residents or individuals who have quarantined in



Vermont for fourteen (14) days, and are symptom free

- Do not bring your child to Soccer Roots events if they are experiencing any symptoms at all related to COVID
- Consider not carpooling or very limited carpooling
- Upon arrival wear a mask to check your child in; adhere to social distancing requirements
- Use social distancing when watching camp
- Ensure all personal equipment (shoes, ball, shin guards, etc) are sanitized before and after every session
- Notify program staff immediately if your child becomes ill for any reason
- Arrive on time. Pick up your child and depart on time. Do not be late. Thank you very much.



## Camper Responsibilities

- Arrive at field with a mask on. During active work, the mask can remain on, but we encourage them to be removed during exercise. No masks will be worn if the mask gets wet or moist. Masks will not be worn during extreme heat.
- Wash hands thoroughly before, during, and after camp
- No spitting
- Bring, and use, your own hand-sanitizer, frequently and often, while at camp
- Do not touch or share anyone else's equipment, water, snack, or bags
- Practice social distancing. Camper bags/backpacks will be placed six feet apart
- Wash and sanitize all personal equipment before and after each session
- No group celebrations, high 5's, hugs, handshakes, fist-bumps, etc
- Bring a minimum of two, 32 ounce containers of water each day. We highly encourage bringing **more** water than you would assume one might need.